

TO REGISTER: CALL 507.732.7616 OR GO TO  
CROSSINGS@CROSSINGSATCARNEGIE.COM

Cost: \$150.00  
for two-day  
session.

TAUGHT BY MINNESOTA NATIVE  
JANA JOHNSON

# MANIFESTING YOUR HEART'S DESIRE

## Using Intention, Mindfulness and Compassion to:

Jana has a private healing practice in New York City where she teaches and offers private sessions of energy work, intuitive guidance/channeling and counseling.

For more information about Jana and this workshop please go to [JanaJohnsonHealingWorks.com](http://JanaJohnsonHealingWorks.com)

- Explore our relationship to the Universal Energy Source that dwells within each of us and from which abundance arises.
- Discover how our personal intentions, mindfulness and compassion affect our experience of abundance and generosity.
- Learn how to create a luminous Blueprint, a dynamic structure in consciousness that focuses intention, increases mindfulness and encourages the heart.



Crossings  
320 East Avenue  
Zumbrota, Minnesota 55992

9:30 AM—4:30 PM: INCLUDES 1 HOUR LUNCH BREAK

**Saturday, August 13 & Sunday, August 14, 2011**

Private Sessions available the week of August 15th.

To schedule your appointment for, or get more information about a private session, please contact Jana at 917.319.2005 or [jana@janajohnsonhealingworks.com](mailto:jana@janajohnsonhealingworks.com)